



PERSONALLY CURATED SMALL GROUP & PRIVATE JOURNEYS

EUROPE 2018



FLAVOURS OF SICILY

8 Days

A gastronomy infused itinerary delivering amazing culinary and dining experiences that celebrate Sicilian cuisine. Designed over 8 leisurely days, accommodated in an amazing rural retreat and 5 star hotels, partake in a cooking class and indulge in lunch and dinners on family run winery estates, Palazzo's, olive oil farms and a world class Michelin Star restaurant. Most importantly, be introduced to local culinary secrets that combine fertile volcanic soils, sub-tropical climate, nourishing sunshine and Italian, Greek, Arabic and French influences over two millennia.

HIGHLIGHTS & INCLUSIONS

- > 7 nights in 5 star hotels and an exquisite country estate.
- > 7 breakfasts (B), 7 lunches (L), 2 dinners (D).
- > Guided sightseeing tours of Agrigento's Valley of the Temples, Selinunte and Mt Etna.
- > Dinner at the Tasca d'Almerita family's dining room on the winery estate.
- > Sicilian cooking class.
- > Six course lunch at Chef Pino Cuttaia's 2-star Michelin Restaurant.
- > Olive oil tasting and lunch at Becchina Estate.
- > Wine tasting & lunch at Planeta's Ulmo winery.
- > Light lunch and visit to Prince Moncada's Biscari Palace.
- > Four-wheel drive excursion and visit to Mt Etna.
- > Entrance fees to Valley of the Temples and Selinunte Archaeological Park.
- > Deluxe transport.
- > Airport transfer on last day.

DAY 1 Palermo – Regaleali (L, D)

Welcome to Palermo for the start of our degustation journey through Sicily. At 12 noon, depart from Palermo and transfer to the Tasca d'Almerita family's enchanting Regaleali Estate, producers of top-rated Sicilian wine. As Sicilian cooking traditions focus around family, this is the perfect introduction to our gastronomy discovery tour. On arrival, be treated to a casual lunch and an afternoon to relax in this rural oasis amongst vineyards, almond trees and olive groves. In the evening, enjoy a wonderful organised welcome dinner in the family's dining room with a selection of wines from the Estate.

Overnight: Regaleali Estate or similar

DAY 2 Regaleali (B, L, D)

This morning, visit the nearby Case Vecchie and immerse yourself in the stories, landscapes and flavours of Sicily with a cooking class. Afterward, enjoy lunch before returning to the Estate to relax or take advantage of the 20km of trails to walk or cycle throughout this amazing 500-hectare vineyard featuring picturesque lakes and forests. In the evening, reconvene for an organised dinner.

Overnight: Regaleali Estate or similar

DAY 3 Regaleali – Agrigento – Licata – Sciacca (B, L)

After breakfast, depart for Agrigento to visit the UNESCO World Heritage Listed site of the Valley of the Temples for a guided tour of the eight Greek Temples built between 510BC and 430BC. Continue to a nearby coastal village for a scrumptious 6 course lunch at Chef Pino Cuttaia's two-starred Michelin restaurant, voted in the World's best 50. Afterward, return to your seaside resort for leisure time. Options include relaxing at the spa or private beach or perhaps a round of golf with spectacular views.

Overnight: Verdura Resort 5 star or similar

DAY 4 Sciacca – Selinunte – Castelvetro – Sciacca (B, L)

Enjoy a guided tour of the archaeological park of Selinunte where the temples, ruins and acropolis were built overlooking the sea. Afterward, visit the spectacularly landscaped Becchina Estate, set on 60 acres of olive groves with 300-years old trees basking in the Mediterranean sun. Here, enjoy lunch and a tasting of locally produced olive oil, lauded as one of Italy's finest.

Overnight: Verdura Resort or similar





DAY 5 Sciacca – Sambuca di Sicilia - Sciacca (B, L)

Enjoy a leisurely morning before an excursion to Planeta winery in Sambuca. Established in 1990, this is the family's first winemaking facility and surrounds the beautiful ancestral home located on Arancio Lake. Our visit includes a walk in the vineyards and along the footpaths of La Segreta woods to explore the remains of an ancient Phoenician wine press and a tasting of 4 wines paired with a traditional Planeta family lunch.

Overnight: Verdura Resort or similar

DAY 6 Sciacca – Catania – Taormina (B, L)

Departing Sciacca for the baroque inspired city of Catania for a visit of the city that includes its fish markets, considered the Island's most vibrant and colourful. Afterward, enjoy a private visit of Palazzo Biscari, one of Sicily's most elegant private residences. Prince Ruggero Moncada will welcome you for a Sicilian aperitif (light lunch) in his family's palace. Afterward, continue to Taormina where you may enjoy the evening at leisure.

Overnight: San Domenico Palace Hotel 5 star or similar

DAY 7 Taormina – Mt Etna – Taormina (B, L)

After breakfast, meet our driver and guide and traverse the spectacular landscapes of Mount Etna in a four-by-four vehicle. Through the lava fields and craters of ancient and recent eruptions, receive insights about the volcano and the richness it delivers to the soil permitting the growth of Sicily's wonderful produce. Afterward, visit the award-winning Giuseppe Benanti's winery to taste five wines paired with Sicilian specialties.

Overnight: San Domenico Palace Hotel or similar

DAY 8 Taormina – Catania (B)

After breakfast, transfer to Catania airport or continue in Taormina for an extended stay.



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Valley of the Temples, Agrigento